



Finding this year difficult?

"I felt worried and drained. Talking it through really helped."

Feeling anxious, stressed, low or alone?



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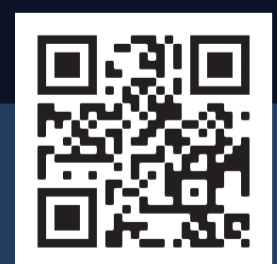
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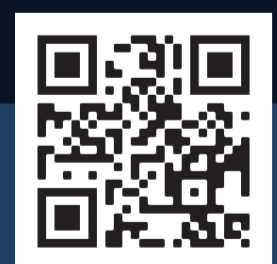
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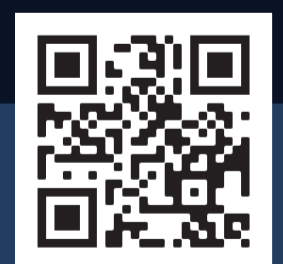
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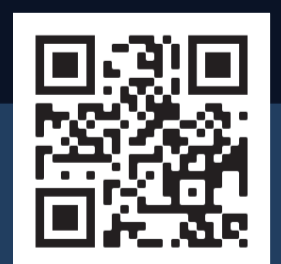
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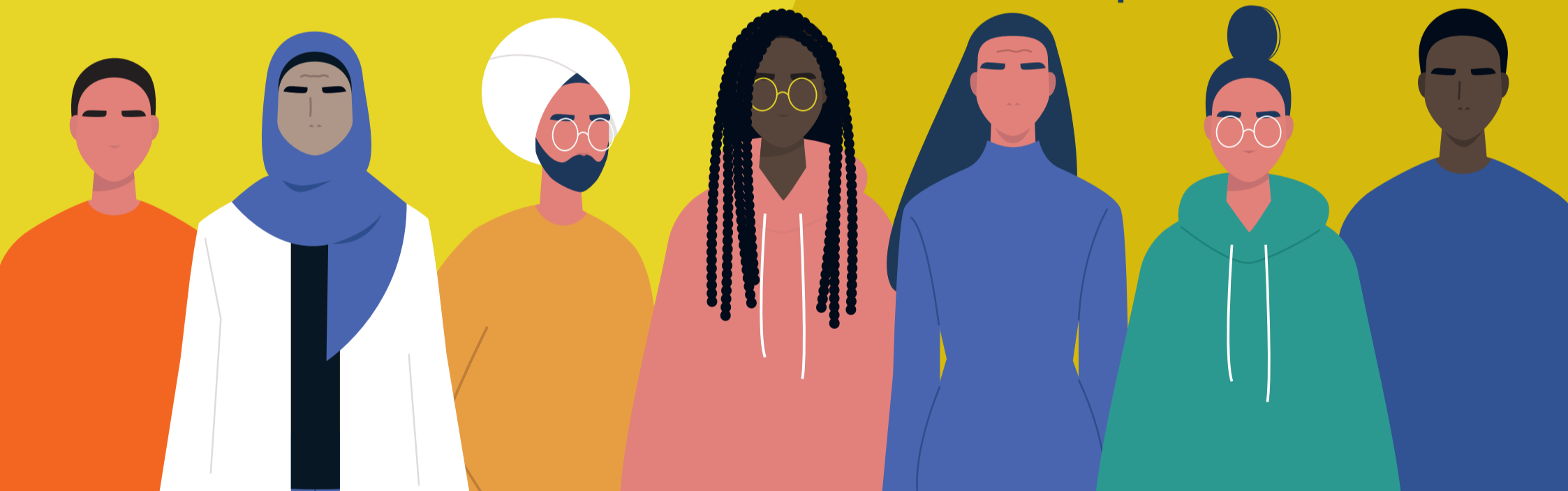
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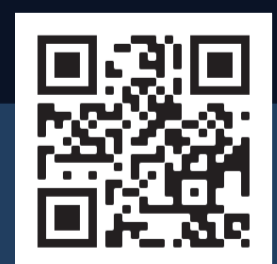
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